

Women Scholars and Wellness Challenges

Patricia Shields & Nicole Elias

April 19, 2020

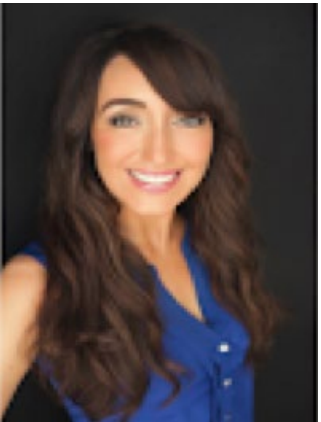
IRSPM Networking Event



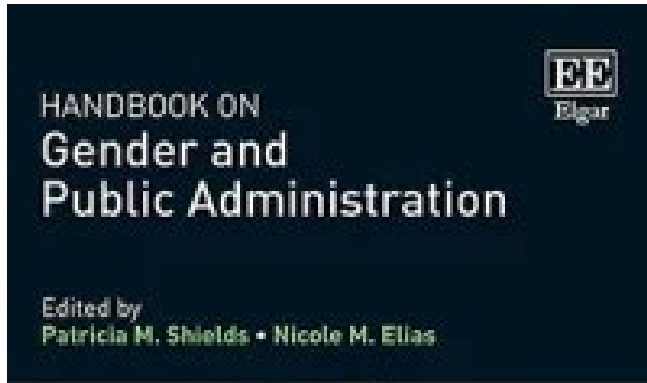
Introductions



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27 Chapters
39 Contributors

Background

Spring 2019

Contract signed

Fall 2019

Nicole joins team

Winter 2022

Published

Open Access

Introduction

<https://www.elgaronline.com/view/edcoll/9781789904727/9781789904727.00008.xml>

Organization

I. Theoretical and History Roots

Acknowledge and celebrate struggles of women in PA and work of Stivers +

Identify key theories that provide gender lenses.

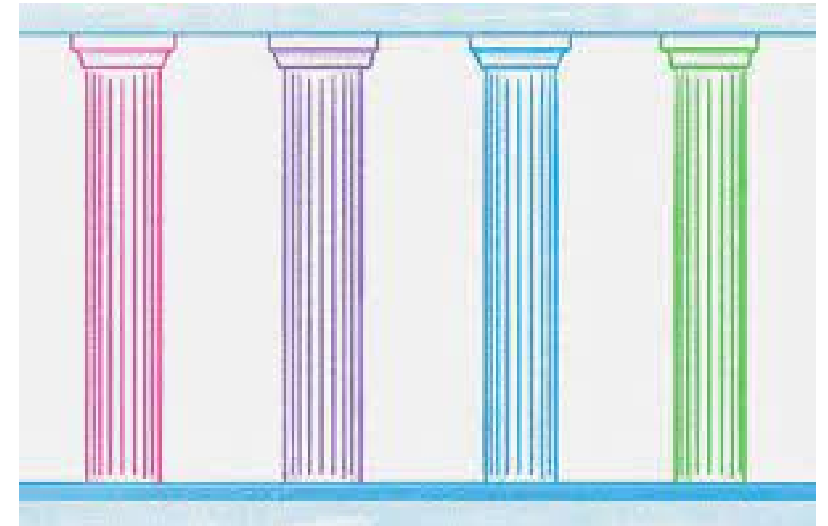
Look beyond the traditional binary view and incorporate intersectionality



II. Pillars of PA

Topics that would be incorporated into core courses in MPA Programs

- Finance
- Personnel
- Ethics
- Organizations
- Non-profit
- Performance
- Representative bureaucracy
- Public service motivation



III. Contexts of Gender and PA

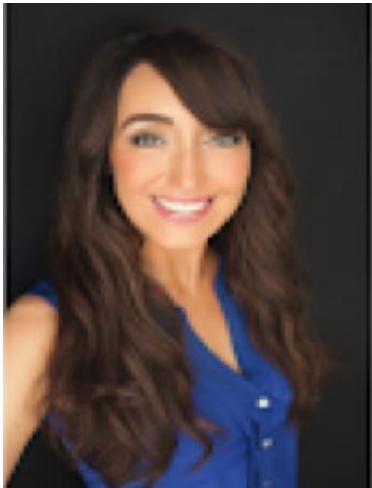
- State and local government
- Policy (housing, military, agriculture)
- scholarship
- academic
- international (Ethiopia, Colombia)
- 2nd generation gender bias & #Metoo





Wellness Challenges

Stories Lessons Learned

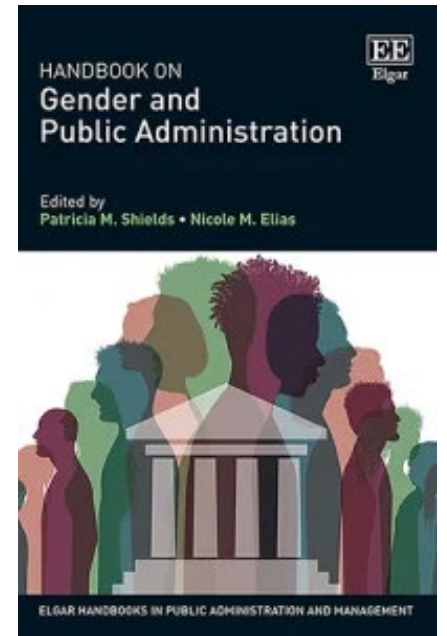


Challenges

- Childcare challenges during Covid (mother and grandmothers)
- Process was challenged by Covid related delays causing stress

Strategies to deal with challenges

- Building and leaning on our relationship during the process
- Keep eye in big picture, don't let setbacks get you down
- Intergenerational support system
- See and celebrate the humor in everyday life and academia
- Keep organized
- Good relationship with publisher.





Wellness Challenges

Your Stories



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