CATEGORY 1: Employment and Education

1.1 Employment

Bluebonnet Trails Community Mental Health and Mental Retardation Center 660 North 123 Bypass, Seguin, TX 78155

Phone: (830) 303-6644 Fax : (830) 303-6688

Contact Person: Victoria Garcia, Program Supervisor Mental Retardation Division

Services:

<u>Vocational Training (VT)</u>: Provides day training services to individuals with mental retardation. Assists in developing an individual service plan and obtaining employment according to the individual's abilities. Through its work center, individuals can perform basic tasks and earn extra money. Also assists with job placement in the community based on the person's ability to perform a job.

Texas Commission for the Blind Koger Center Trinity Building 4204 Woodcock, Suite 274 San Antonio, Texas 78204 Phone: (210) 732-9751

Toll Free: 1-800- 687-7039 Fax : (210) 735-7508

Contact Person: Connie Pressler, Regional Supervisor

Services:

<u>Vocational Rehabilitation (VR):</u> Helps persons prepare for, get, or retain gainful employment. A plan is developed for legally blind people to meet individual needs. Services include evaluation, counseling, guidance, and referral, rehabilitation teaching, orientation and mobility services, physical and mental restoration, transportation, technological aids and devices, and reader services.

Texas Rehabilitation Commission 312 S. Saunders St. Seguin, TX 78155

Phone: (830) 379-6911 Fax: (830) 379-3982

Contact Person: Michelle McCall, Vocational Rehabilitation Counselor Beatrice Tristan, Rehabilitation Services Technician

Services:

<u>Vocational Rehabilitation (VR)</u>: Helps individuals with disabilities to prepare for, find, and keep employment. Vocational Rehabilitation counselor and client work together to decide on an employment, goals, and to develop a service plan. Services are based on the client's need and may include services from colleges, doctors, hospitals, job coaches, and other resources.

<u>Extensive Rehabilitation Services (ERS)</u>: Helps persons maintain employment through rehabilitative services. ERS is a state-funded program that assists Texans with significant disabilities to achieve and maintain employment by providing ongoing support services.

Texas Workforce Commission Alamo Workforce Development 109 N. River, Seguin, TX 78155

Phone: (830) 379-4244 Fax: (830) 379-3102

Contact Person: Irma Castillo, Interim Manager

Services:

<u>Employment Service (ES)</u>: Helps Texas in finding employment through job search resources, career development information, and referrals to training programs. While targeted population (veterans and elderly) receive intensive assistance to overcome barriers to employment, most services are available to the general public.

<u>Senior Texans Employment Program (STEP):</u> Services are designed to provide part-time employment to eligible older Texans. Texans are eligible for the program if they fall within certain guidelines, (1) at or below the poverty level, (2) required number of individual (s) residing in the household, and (3) a minimum age of 55. This program not only provides job training and supplementary income, it provides public agencies and nonprofit organizations the opportunity to operate programs and assist in social services. STEP participants work a maximum of 20 hours a week. The program provides an additional workforce resource for older Texans and is especially of value in depressed economies of rural Texas.

<u>Food Stamp Employment and Training (FSE&T):</u> Helps individuals not eligible for cash assistance to become self-supporting through participation in employment and training activities, such as life skills, GED, ABE, Classroom Training and on-the-job Search Training. Classes are scheduled every Monday at 9:00 a.m.

Retired Senior Volunteer Program (RSVP) Agricultural Building 210 E. Live Oak, Room 204- 205 Seguin, TX 78155 Phone: (830) 379-0300

Mailing Address:

Texas Lutheran University, P.O. Box 3530, Seguin, TX 78155

Contact Person: Stephen Doerr, Director Ted Wolver, Assistant Director

Services:

Volunteer placement services for individual 55 or older, according to individual's interest and time available. Limited travel reimbursement for volunteers who drive their own car.

1.2 Education

Adult Education 703 Curtis Street Schertz, Texas 78154 Phone: (210) 945-6093

Contact Person: Maggie Cunningham, Director

Seguin Contact Person: Even Start Office (830) 303-6423

Services:

Adult Education Courses (GED Preparation, ABE Instructions, English as a Second Language, Amnesty Classes to residents in Guadalupe, Comal, and Kendall Counties)

Seguin – Guadalupe County Public Library 707 E. College St. Seguin, TX 78155

Phone: (830) 401-2422

Contact Person: Jackie Gross, Librarian

Services:

Provides library books, video, audiocassettes, magazines, etc. Information about meeting rooms, community activities, grants office space for Adult Literacy Council, tutoring and homework help.

Seguin Independent School District Even Start Program Literacy of Seguin 1221 E. Kingsbury, Seguin, TX 78155

Phone: (830) 372-5771 ext. 381

Contact Person: Frankie Rivers, Family Literacy Program

Services:

Provides literacy training, GED Classes, access to computers, and general education training.

Texas Lutheran University Center for Professional Development 100 West Court St., Seguin, TX 78155

Phone: (830) 372-8042 Fax: (830) 372-8096

Contact Person: Chris Smallwood, Admission Coordinator

Services:

Continuing education classes open to all interested adults at modest fees. Continuing education units are issued upon course completion. If 15 to 20 people are interested in a specific course or topic, the university will make an effort to offer that course. A course audit program is provided for regularly scheduled college credit courses.

CATEGORY 2: Financial Assistance

Alamo Area Council of Government (AACOG) 8700 Tesoro Dr. Suite 700, San Antonio, TX 78217

Phone: (210) 362-5223 Toll free: 1-800-960-5201

Contact Person: Flo Lockett, Benefits Counseling Coordinator

Services:

The Benefits Counseling Program provides information, counseling, and advocacy to senior citizens, and Medicare beneficiaries of any age, on their public benefits, entitlements, and legal rights. Benefits counselors consult on topics such as: Medicare, Medicaid, Supplemental Security Income, Senior Fraud, Advance Directives, Long-Term Care, Non-Covered Health Insurance, Veterans Issues, Social Security, Fraud/Scams, Medicare and Medicaid Appeals/Hearings, Surrogate Decisions, Consumer Issues.

Consumer Credit Counseling Services 6851 Citizens Parkway, Suite 100 San Antonio, TX 78229

Toll Free: 1-800-410-2227

Fax : (210) 979-4330

Contact Person: Stephen Hinostroza, Community & Creditor Relations

Manager

Services:

Pre-purchase housing counseling, Defaulted Mortgage Counseling, Debt Consolidations, Consumer Education Classes. No fees. Debt Management Plan \$ 6.00 per month.

Greater Randolph Area Services Program (GRASP) 417 E. Aviation Universal City, Texas 78148 Phone: (210) 658-6351 Contact Person: J. A. Higginson Jr., Executive Director

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Services:

Crisis intervention for rent, utilities, food or clothes. Transportation for the elderly and disabled. Home and congregate meals. Senior Center Recreation Center. Only available for residents in the Greater Randolph Area. Sliding scale fee.

Guadalupe County Appraisal District 3000 N. Austin St. Seguin, TX 78155

Phone: (830) 372-2871 Contact Person: Ed Barnes

Services: Provides information and process property tax exemptions for elderly individuals or veterans.

Internal Revenue Service (IRS) Federal Tax Information Toll Free: 1-800-829-1040

IRS - TTY for Hearing Impaired

Toll Free: 1-800-829-4059

Services: Provides assistance and guidance with tax preparation. Distributes information about federal income tax relief for target population (elderly).

Randolph Area Christian Assistance Program (RACAP)

307 Pfeil St., Schertz, TX 78154

Phone: (210) 658-1613 Fax : (210) 658-3336

Contact Person: Mynette Benedict, Coordinator

Services:

Assistance with utilities (electric, water, gas). Gasoline for emergency Transportation, prescription medications, food and rental assistance.

Salvation Army

633 E. Court St., Seguin, TX 78155

Phone: (830) 401-4872

Services:

Provides emergency financial assistance to help to pay for food, gasoline, utility bills, bus tickets, etc. Clients are served on a one-time basis per calendar year.

Seguin Ministerial Alliance Phone: (830) 379-2411 ext. 348

Contact Person: Jim Price, Rev. Tom Deviney, First Methodist Church

Services:

Financial assistance through Christian Cupboard, Community Services, and Salvation Army. Also provides counseling. For referral contact the above number or any community churches in the county.

Social Security Administration Five Court Mall 1500 E. Court, Suite 444, Seguin, TX 78155

Phone: (830) 379-8802 Toll Free: 1-800-772-1213

Services:

Process applications for Supplemental Security Income (SSI) and Social Security Retirement Benefits. Applicants must be 65 or older, and/or disabled adults who have limited income and resources.

Veterans Service Office Guadalupe County 101 E. Court St. Room 204, Seguin, TX 78155 Phone: (830) 303-4188 ext. 249 (Monday & Wednesday)

1101 Elbel Rd. Suite No.4 Schertz, Texas 78154

Phone: (210) 945-9708 ext. 305 (Tuesday & Thursday)

Contact Person: Mary E. Hatfield, Veterans Service Officer

Services:

Assist veterans, widows, and dependents to file claims for pension and compensation, medical, housing, counseling, education, burial benefits, conducts assessments and advocates for veterans in obtaining benefits. Due to the extensive scope of benefits, it is recommended to contact the officer directly for a personal interview.

CATEGORY 3: Housing

Home Improvement. Home Repairs. Weatherization. Energy Assistance

Alamo Area Council of Government (AACOG) 8700 Tesoro Dr. Suite 700, San Antonio, TX 78217

Phone: (210) 362-5276 Toll free: 1-800-960-5201

Contact Person: Maria Wilson, Alamo Aging Geriatric Specialist

Services:

Weatherization Program: Takes referrals for the weatherization program, financed by the Texas Department of Housing and Community Affairs. The Weatherization Program helps low-income Texans, particularly the elderly and persons with special needs, control their energy costs to ensure a healthy and safe living environment. The program provides installation of Weatherization materials and provides energy conservation education.

<u>Residential Repair:</u> Services consist of repairs or modification essential for the health and safety of client's-occupied dwelling. Through Residential Repair Program, the client may be provided with limited housing counseling and moving expenses when repairs or modifications will not attain reasonable standards of health and safety.

<u>Assistance with utilities</u>: The AACOG provides eligible clients financial assistance to pay for electric, water, phone or gas bills. It also assists with the purchase of gas or electric heaters or hot water tanks.

Community Council of South Central Texas, Inc. (CCSCT) 808 E. Pine St. Seguin, TX 78155

Phone: (830) 379-9779

Contact Persons: Lolly Tavera, County Coordinator

Ernest Leal, Assistant County Coordinator

Services:

The CCSCT provides a broad spectrum of services for individuals whose incomes are within the federal poverty guidelines, and have a bona fide crisis. Services include: Assistance with electric bills (Comprehensive Energy Assistance Program), provides energy efficient heaters during winter and electric fans in the summer. It also assists with the cost of A/C units.

In addition, the CCSCT coordinates the transportation program and provides outreach and referrals in the area of clothing, food, housing and medical needs.

Guadalupe County Habitat for Humanity P.O. Box 87

Seguin, TX 78155 Phone: (830) 401-0422 Contact Person: Varies

Services:

Local non-profit affiliate of an international ecumenical Christian housing ministry. Habitat works in partnership with low-income people to eliminate poverty housing. Families must qualify for a zero interest loan with Habitat. Families must be willing to get involved with 500 hours of sweat equity, and afford a low monthly payment upon closing.

Home Repair Assistance Programs for Veterans Department of Veterans Affairs Toll Free: 1-800-827-1000

Texas Veterans Land Board Toll Free: 1-800-252-VETS

Services:

Provides assistance with home modification and repairs for qualified veterans.

Schertz Housing Authority 204 Schertz Parkway, Schertz, TX 78154

Phone: (210) 658-1001 Fax : (210) 658-3401

Contact Person: Jim Thiesen, Executive Director

Services:

Provides Rental Assistance. Administers the tenant-based Section 8 Programs under the contract with HUD. Provides rental units for elderly and disabled persons.

Seguin Housing Authority 516 Jefferson Ave. Seguin, TX 78155

Phone: (830) 379-7091 Fax : (830) 379-1373

Contact Person: Evamarie E. Berry, Executive Director

Services:

Provides rental units for low income elderly and disabled adults. Administers Section 8 Program under a contract with HUD.

Texas Department of Protective and Regulatory Services

314 S. Saunders St. Seguin, TX 78155

Phone: (830) 372-2662 ext. 238

Fax : (830) 372-5057

Contact Person: Elena Esparza, Adult Protective Services Specialist

Services:

Provides financial assistance to abused, neglected or exploited elderly individuals to prevent further neglect due to living in unsanitary or unhealthy living conditions. Services include plumbing and electrical repairs, assistance with home modification and minor home repairs. Also, it provides assistance with utility bills.

United States Department of Agriculture, USDA Rural Development Office 3251 N Hwy 123 Bypass, Seguin, TX 78155

Phone: (830) 372-1043 Fax : (830) 372-0020

Contact Person: Weldon Rainey, Community Development Specialist

Services:

The Rural Housing Service provides a number of homeownership opportunities to rural Americans, as well as programs for home renovation and repair. It also makes financing available to elderly, disabled, or low-income rural residents of multi-unit housing buildings to ensure they are able to make rent payments.

For very low income families who own homes in need of repair, the Home Repair Loan and Grant Program offers loans and grants for renovation. The Home Repair Program also provides funds to make a home accessible to someone with disabilities.

Financial assistance is also available for families in need of minor home repairs/modification. Example: Repair a leaking roof, replace a wood stove with central heating, or construct a front-door ramp. Homeowners 63 years and older are eligible for grants.

Intermediate Care Facilities, Personal Care Homes, Nursing Homes

Autumn Winds Retirement Lodge 3301 FM 3009, Schertz, TX 78154

Phone: (210) 658-6338 Fax : (210) 658-0882

Contact Person: Darlene Evans

Services:

Intermediate Nursing Care, Adult Day Care, and Respite Care.

Care Inn of Seguin 1219 Eastwood Dr. Seguin, TX 78155

Phone: (830) 379-7777 Fax: (830) 372-1204

Contact Person: Danny Gaitan

Services:

Two living settings are provided. The nursing home setting, and the personal care homes. The nursing home setting provides 24 hours of skilled nursing care. Therapeutic diets, occupational and physical therapy are available as ordered by the physician. Transportation to and from doctor's appointments is also available.

The personal care home only provides minimum assistance. No skilled nursing services are required in this setting, but residents are provided with supervision, room and board.

Casa Guadalupe I 957 Kunkel, Seguin, TX 78155 Phone: (830) 379-8539

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Casa Guadalupe II 936 Zunker, Seguin, TX 78155

Phone: (830) 372-2920

Services:

Intermediate Care Facilities for individuals with Mental Retardation (ICF-MR). Casa Guadalupe helps individuals to become independent and allows them to participate in the community. Active treatment is provided to strengthen self-help skills, learn and practice acceptable social behaviors, develop academic and/or prevocational skills, and obtain functional levels of self-confidence and independence.

Guadalupe Valley Nursing Center 1210 Eastwood Dr. Seguin, TX 78155

Phone: (830) 379-9308

Services:

24 hours-a-day of skilled nursing services. Therapeutic diets, occupational and physical therapy. Transportation to and from doctor's appointments.

Lee Stevens Country Place Assisted Living 1875 W. Kingsbury St., Seguin, TX 78155

Phone : (830) 303-9658 (830) 379-2815 Contact Person: Marie Hart, owner

Services:

Private or semi-private rooms. Home cooked meals. Shopping outings. Weekly activities. Administration of Medication. Transportation. 24 hours supervision. Assistance with personal grooming. Physical health: exercise, activities, leisure.

Martin Luther Homes of Texas 332 South Loop 123 Business Suite 400 Seguin, TX 78155

Phone: (830) 372-3075

Contact Person: Jerome Boeck, Administrator

Services:

Martin Luther Home is a private non-profit Christian agency that provides long term residential care for individuals with developmental disabilities. Services include operating 3 (6-bed) ICF-MR located in Seguin area.

Nesbit Nursing Home 1215 East Ashby, Seguin, TX 78155 Phone: (830) 379-1606

7 Holle. (630) 379-1000

Contact Person: David Nesbit, owner

Services:

24 hours-a-day of skilled nursing services. Therapeutic diets, occupational and physical therapy. Transportation to and from doctor's appointments.

Our Family Home I & II 201 Church St., Schertz, TX 78154

Phone: (210) 658-4269

Contact Person: Anita Ray, owner

Services:

Assisted Living and Adult Day Care. Provides room and board, 24 hour-a-day supervision, and nonmedical attendant care. It also provides nutrition, recreation and education services for people who are elderly or have disabilities. Funding is available through Medicaid or the Texas Department of Human Services (TDHS).

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Seguin Assisted Living 226 Preston, Seguin, TX 78155

Phone: (830) 379-8882

Services:

24 hours supervision, room and board. Private paid. Rental units with supportive services such as provider care, shopping, transportation, socialization, etc.

Seguin Nursing and Rehabilitation Center

1637 N. King St. Seguin, TX 78155

Phone: (830) 379-3784

(830) 303-7153

Contact Person: Debora Smith, Admissions

Services:

24 hours-a-day of skilled nursing services. Therapeutic diets, occupational and physical therapy. Transportation to and from doctor's appointments.

This facilitate is also certified is licensed to care for persons with Alzheimer's Disease and Related Disorders.

Texas Department of Human Services Community Care for the Aged and Disabled Program (CCAD)

612 Jefferson St. Seguin, TX 78155

Phone: (830) 379-6525 Fax : (830) 372-2167

Contact Persons: Giorgiana Kirk (ext. 225) D'Laine Haggan (ext. 226)

Services:

Community Based Alternative (CBA) Program

The CBA program provides home and community-based services to aged and

disabled adults as cost-effective alternatives to institutional care in nursing facilities. Services include: Adaptive aids and medical supplies, Adult Foster Care, Assisted Living/Residential Care Services, Emergency Response Services, Nursing Services, Minor Home Modifications, Occupational Therapy, Personal Assistance Services, Physical Therapy, Respite Care, Speech Pathology Services, Home Delivered Meals. Must meet medical need and income/resource criteria.

Adult Foster Care (AFC)

AFC provides a 24-hour living arrangement with supervision in an adult foster home for persons who, because of physical, mental or emotional limitations are unable to continue independent functioning in their own homes. Provides of this service live in the household and share a common living area with the clients.

Residential Care (RC)

The RC Program provides services to eligible adults who require access to care on a 24 hours basis, but do not require daily nursing intervention. Services include but are not limited to personal care, home management, escort, 24-hour supervision, social and recreational activities, transportation, room and food.

CATEGORY 4: Legal

Alamo Area Council of Government (AACOG) 8700 Tesoro Dr. Suite 700, San Antonio, TX 78217

Phone: (210) 362-5276 Toll free: 1-800-960-5201

Contact Person: Frances Hernandez, Benefits Coordinator (Legal)

Rose Mary Guardiola, Benefits Coordinator (Legal)

Services:

Provides consultation on legal matters to determine need for legal advice or legal action. Assist with execution of Durable Power of Attorney, Durable Power of Attorney for Health Care, Living Will, Out of Hospital Do Not Resuscitate, Revocable Living Trust, Wills. Services to elderly persons 60 years or older.

Texas Rural Legal Aid (TRLA) 405 N. Saint Mary's St. Suite 400 San Antonio, TX 78205 (will change address in August 2003).

Phone: (210) 222-2478 Tool Free: 1-800- 988-9996

Contact Person: Any paralegal staff who answers the phone

Services:

Non-profit law firm that specializes in providing legal services to the indigent residents of South and West Texas along the Mexican border. With a staff of approximately 45 lawyers located in ten offices, TRLA services more than 10,000 eligible clients each year with a broad range of legal problems. TRLA recruits bilingual attorneys from law schools throughout the country.

CATEGORY 5: Physical, Medical, and Mental Health

5.1. Physical Health

Assistance with Personal Care. Adaptive Aids and Supplies Assistance with Activities of Daily Living Exercise. Meals. Congregate Meals. Oral Health Care. Alcohol and Drug Treatment. Transportation.

Alamo Area Council of Government (AACOG) 8700 Tesoro Dr. Suite 700, San Antonio, TX 78217

Phone: (210) 362-5276 Toll free: 1-800-960-5201

Contact Person: Maria Wilson, Alamo Aging Geriatric Specialist

Services:

Provides home maker services and personal assistance to elderly persons ages 60 or older. Also provides caregiver support programs by educating family members about resources in the community. Develops programs to assist caregivers to help their elderly relatives to remain in their homes. Provides respite care and case management coordination. Assists with adaptive aids and supplies, i.e. walkers, installation of grab bars, etc. Coordinates and provides health services, including but not limited to health screening, oral health and optical services, and helps with prescription drug purchases.

Bluebonnet Trails MHMR 325 Wallace St., Seguin, TX 78155 Phone (830) 379-8222

Contact Person: Carlton Harrison, Intake Specialist Mental Health Division

Services:

In-Home and Family Support Program for Persons with Mental Illness Direct grant benefits to individuals with physical disabilities and/or his family to purchase services that enable him/her to live in the community. Eligible individuals are empowered to choose and purchase services that help them to remain in their own home. Up to \$ 3,600 (lifetime) for the purchase of minor housing modifications or for adaptive aids or special equipment. Up to \$ 3,600 (annually) for the purchase of services and supplies. Eligible client

must have a mental health diagnoses.

Other services include: Counseling, psychiatric treatment, mental health services, commitments, emergency crisis intervention, residential locators, case management.

Bluebonnet Trails MHMR 325 Wallace St. Seguin, TX 78155

Phone: (830) 379-8222

Contact Person: Sharon Grimm

Mental Retardation Division

In-Home and Family Support for Persons with Mental Retardation Direct grant benefits to individuals with mental retardation and/or his family to purchase services that enable him/her to live in the community. Eligible individuals are empowered to choose and purchase services that help them to remain in their own home. Up to \$ 3,600 (lifetime) for the purchase of minor housing modifications or for adaptive aids or special equipment. Up to \$ 3,600 (annually) for the purchase of services and supplies.

Other Services include: Counseling, case management, vocational training, advocacy, residential placement locator.

Christian Cupboard 516 N. Camp, Seguin, TX 781555

Phone: (830) 379-4857

Contact Person: Nancy Stoffel

Services:

Food pantry. Food bank for Guadalupe county residents.

Community Council of South Central Texas (CCSCT) Transportation Program 808 E. Pine St., Seguin, TX 781555 Phone: (830) 303-1000

Toll Free: 1-800-292-5648 Fax : (830) 372-3825

Contact Person: Pamela Vann, Assistant Director

Services:

Provides medical and public transportation within surrounding areas to Guadalupe County residents. Medicaid recipients should call 1-877-633-8447 to request transportation to medical facilities.

Community Council of South Central Texas

Aging Program

744 W. Kingsburry St., Seguin, TX 78155

Phone: (830) 379-1820

Contact Person: Katherine Garcia, Coordinator

Services:

Provides transportation, hot noon meals Monday-Friday. Health information, and nutritional education. Blood pressure clinic. Recreation and leisure activities. Emergency Response Services. Meals on Wheels, and Congregate Meals.

Dental School University of Texas in San Antonio 6800 N. Loop 1604, San Antonio, TX

Phone: (210) 567-3217

Services:

Provides dental screenings, assessment and treatment at 30% reduced rate than market prices.

Schertz Senior Citizens Hot Meals Program 204 Schertz Parkway, Schertz, TX 78154

Phone: (210) 658-9429

Contact Person: Evelyn Barnes, Director

Services:

Home meals serviced Monday and Thursday. Delivery of meals to homebound individuals, recreational activities (bingo, dominoes, other games).

Silver Center

510 E. Court St., Seguin, TX 78155

Phone: (830) 303-6612

Contact Person: Kathryn Schmockel, Director

Services:

Socialization and recreational center. Prepares hot meals and organize parties. Non-profit organization.

Texas Commission for the Blind Koger Center Trinity Building 4204 Woodcock, Suite 274 San Antonio, Texas 78204 Phone: (210) 732-9751

Toll Free: 1-800- 687-7039

Fax : (210) 735-7508

Contact Person: Debbie Salinas, Independent Living Training Counselor

Services:

Independent Living Rehabilitation Program

The Independent Living Rehabilitation Program provides eye examination, informal and referral, orientation and mobility training, counseling, recreational and socialization, and independent living skills training. Services are provided to individuals with visual impairment.

Texas Department of Human Services Community Care for the Aged and Disabled Program (CCAD) 612 Jefferson St. Seguin, TX 78155

Phone: (830) 379-6525

Fax: (830) 372-2167

Contact Persons: Giorgiana Kirk (ext. 225) D'Laine Haggan (ext. 226)

Services:

Community Based Alternative (CBA) Program

The CBA program provides home and community-based services to aged and disabled adults as cost-effective alternatives to institutional care in nursing facilities. Services include: Adaptive aids and medical supplies, Adult Foster Care, Assisted Living/Residential Care Services, Emergency Response Services, Nursing Services, Minor Home Modifications, Occupational Therapy, Personal Assistance Services, Physical Therapy, Respite Care, Speech Pathology Services, Home Delivered Meals. Must meet medical need and income/resource criteria.

Primary Home Care (PHC)

PHC is a non-technical, medical related personal care service prescribed by a physician as par of a client's plan of care. PHS is available to eligible adults and children whose health problems cause them to be functionally limited in performing activities of daily living. Provider agencies also has the option of providing Family Care (FC) services. FC is also a non-skilled, non-technical service provided to eligible clients who are functionally limited in performing activities of daily living (different source of funding). Services include: Assistance with Personal Care, Home Management, and Escort.

Day Activity and Health Services (DAHS)

DAHS facilities provide daytime services. Monday through Friday to clients residing in the community in order to provide for an alternative to placement in nursing homes or other institutions. Services are designed to address the physical, mental, medical, and social needs. Services include: Nursing and Personal Care, Physical Rehabilitation; Noon Meals and Snacks, Transportation, Social, Educational, and Recreation Activities.

Home Delivered Meals

Home Delivered Meals program provides a nutritious meal delivered to the client's home.

Emergency Response Services

Emergency Response Services are provided through an electronic monitoring system used by functionally impaired adults who live alone or who are socially isolated in the community. In an emergency, the client can press a call button to signal for help. The electronic monitoring capability helps to ensure that the appropriate service or service agency responds to an alarm call from the client.

Respite Care

Respite Care program provides short-term services for elderly and disabled adults who require care and/or supervision while allowing their caregivers temporary relief. Services may be provided inside or outside of the home.

In-Home and Family Support

Direct grant benefits to individuals with physical disabilities and/or his family to purchase services that enable him/her to live in the community. Eligible individuals are empowered to choose and purchase services that help them to remain in their own home. Up to \$ 3,600 (lifetime) for the purchase of minor housing modifications or for adaptive aids or special equipment. Up to \$ 3,600 (annually) for the purchase of services and supplies.

Program for People who are Deaf-Blind with Multiple Disabilities
This Medicaid Waiver Program provides home and community-based services to people who are Deaf-Blind with Multiple Disabilities (DB-MD) as a cost-effective alternative to ICF-MR/RC institutional placement. Services include: Case Management, Assisted Living, Intervenor, Habilitation, Respite Care, Nursing Services, Orientation and Mobility, Behavior Modification Services, Physical Therapy, Occupational Therapy, Speech Therapy, Adaptive Aids and Supplies, Environmental Accessibility.

The New Vision Program 1215 E. Court St., Seguin, TX 78155 Phone (830) 401-7727 Fax: (830) 401-7728

Contact Person: Julie Wisdom-Wild, Service Coordinator

Services:

Inpatient emergency medical/surgical detoxification service for adults with drug and alcohol problems located at Guadalupe Valley Hospital.

Services are provided to persons who are either intoxicated or are experiencing acute withdrawal symptoms from certain drugs. It consists of a medically supervised hospital stay for inpatient detoxification which typically lasts 3 days. The inpatient stay includes: Crisis Intervention, Assessment, Admission, Detoxification.

Guadalupe Valley Hospital

Teddy Buerger Center

1215 E. Court, Seguin, TX 78155

Phone: (830) 401-7364 Fax: (830) 372-5858

Contact Person: Sandy McDonald, Office Manager

Services:

Individual, Marital and Family Counseling, Substance Abuse Counseling.

5.2. Medical Health

Medical Care. Prescription Drug Assistance

Christian Free Clinic 845 Prexy, Seguin, TX 78155

Phone: (830) 379-0500

Contact Person: Dr. Phillip Rinn

Services:

Medical care for patients with a diagnosis of Diabetes, Hypertension, Asthma or Epilepsy. Only opens on Mondays at 6:00 p.m.

Guadalupe Valley Hospital 1215 E. Court St., Seguin, TX 78155

Phone: (830) 379-2411

Services:

General acute in-patient care, outpatient services, home health care, hospice, substance abuse treament.

Guadalupe Valley Hospital

Home Health Care Services

1215 F. Court St. Seguin, TX 7815

1215 E. Court St. Seguin, TX 78155

Phone: (830) 401-7561 Fax: (830) 379-4441

Contact Person: Debbie Hernandez, Director

Services:

Skilled Nursing Care, Physical Therapy, Speech Therapy, Occupational Therapy, Social Services, Home Health Aide, Homemaker and Sitter Services.

Guadalupe Valley Hospital

Hospice

1215 E. Court, Seguin, TX 78155

Phone: (830) 401-7561

Contact Person: Debbie Hernandez, Director

Susanna Guevara, Registered Nurse Laurie Draeger, Registered Nurse

Services:

Counseling, Nursing Care, Medical Social, Personal Care, Home Maker, Clergy, Volunteer Services, Physical Therapy, Bereavement Services, Respite Care, Medications related to terminal illness, Medical Supplies and Equipment

Guadalupe Valley Hospital <u>Prescription Assistance Program</u> 515 N. King. St., Seguin, TX 78155

Phone: (830) 401-7603

Contact Person: Yolanda Griffith, Coordinator

Services:

Residents of Guadalupe County who are unable to pay for their prescriptions may be able to qualify for this program. Drug manufacturers, each one, sets income and resource guidelines to receive prescribed medications. Prescribed drugs are free-of-charge or at low cost, depending of the manufacturer's policy.

Kidney Disease Clinic of Seguin 128 S. Moss, Suite 500 Seguin, TX 78155

Phone: (830) 379-9771 Fax: (830) 303-1036

Contact Person: Jeannie Biggers, Social Worker

Services:

Outpatient hemodialysis service and outpatient kidney treatment short or a stage renal disease only. Services includes facility hemodialysis, home assisted hemodialysis and peritoneal hemodialysis, all with clinic based outpatient monitoring and counseling by medical staff.

5.3 Mental Health Services

Bluebonnet Trails MHMR 325 Wallace St., Seguin, TX 78155 Phone (830) 379-8222

Contact Person: Carlton Harrison, Intake Specialist

Services:

In-Home and Family Support

Direct grant benefits to individuals with physical disabilities and/or his family to purchase services that enable him/her to live in the community. Eligible individuals are empowered to choose and purchase services that help them to remain in their own home. Up to \$ 3,600 (lifetime) for the purchase of minor housing modifications or for adaptive aids or special equipment. Up to \$ 3,600 (annually) for the purchase of services and supplies. Eligible client must have a mental health diagnoses.

Other services include: Counseling, psychiatric treatment, mental health services, commitments, emergency crisis intervention, residential locators, case management.

Bluebonnet Trails MHMR 325 Wallace St. Seguin, TX 78155

Phone: (830) 379-8222

Contact Person: Sharon Grimm

<u>In-Home and Family Support</u>

Direct grant benefits to individuals with mental retardation and/or his family to purchase services that enable him/her to live in the community. Eligible individuals are empowered to choose and purchase services that help them to remain in their own home. Up to \$ 3,600 (lifetime) for the purchase of minor housing modifications or for adaptive aids or special equipment. Up to \$ 3,600 (annually) for the purchase of services and supplies.

Other Services include: Counseling, case management, vocational training, advocacy, residential placement locator.

Heritage Program 1331 East Court St. Seguin, TX 78155

Phone: (830) 401-7428 Toll Free: 1-800-506-6394

Contact Person: Chris Mata, Program Director

Services:

The Heritage Program is an intensive outpatient treatment program that integrates a multi-disciplinary team of health care professionals. These professionals work with the patients and their families to help them recover from or deal with stress. Services include: Group/Family/Individual Therapy, Coping and Positive Life Skills Training, Grief and Resolution Counseling, Various Education on Medication Management, Health and Wellness Training, and Leisure Planning, Reminiscence and Validation Therapy, Nutritional Information, Stress Management, Assertiveness Training, Lunch and Snacks.

NIX Health Care Systems Behavioral Health Services 4330 Vance Jackson, San Antonio, TX 78230

Phone : (210) 341-2633 Fax : (210) 341-9682

Contact Person: Terry McBryde, Director of Community Education

Services:

Inpatient geriatric psychiatric services. Inpatient adult psychiatric programs, Outpatient mental health and substance abuse programs for adults.

Northeast Methodist Hospital Behavioral Health Services 12412 Judson Rd., San Antonio, TX 78233

Phone: (210) 637-2096 Fax: (210) 637-3894

Contact Person: Carolun King, Clinical Social Worker

Services:

Inpatient geriatric psychiatric services. Inpatient adult psychiatric programs, Outpatient mental health and substance abuse programs for adults.

CATEGORY 6. Protection

Alamo Area Council of Government (AACOG) 8700 Tesoro Dr. Suite 700, San Antonio, TX 78217

Phone: (210) 362-5209 Toll free: 1-800-960-5201

Contact Person: Nancy L. Struble, Alamo Area Aging Ombudsman

Elder Rights Specialist

Services:

The Ombudsman program uses specially trained staff and certified individuals (Ombudsman) to provide advocacy services to residents of long-term care facilities. Provides information to residents, staff, and family members about residents' rights, nursing facility requirements, and helps identify resources in or out of the facility. Identifies, investigates, and resolved complaints by or on behalf of residents.

Texas Department of Protective And Regulatory Services Adult Protective Services Program (APS) 314 S. Saunders St., Seguin, TX 78155

Phone: (830) 372-2662 ext. 238

Fax : (830) 372-5057

Services:

The Texas Department of Protective and Regulatory Services investigates cases of abuse, neglect or exploitation to elderly and disabled adults. APS provides and arranges for services to elderly and disabled individuals who are found to be abused, neglected, or exploited. Services include: Immediate intervention to alleviate further abuse, ongoing protective services, financial assistance to protect the person (food, medicines, utilities, medical treatment, shelter, etc), to include legal actions such as: Emergency Order for Protective Services, Court Authorized Entry, Guardianship, etc. A person who has capacity to make decisions decides if he/she wants protective services.

CATEGORY 7: Social Engagement Recreational Activities, Social Support, Volunteerism

Adult Day Care Centers of America 501 N. Camp St., Seguin, TX 78155

Phone: (830) 372-3600 Fax: (830) 372-5711

Services:

Provides day time services to clients residing in Guadalupe County. Services are designed to address the physical, mental, medical, and social needs of clients. Services include: Nursing and personal care, social, educational, and recreational activities. Transportation, Physical Rehabilitation.

Community Council of South Central Texas Aging Program 744 W. Kingsburry St., Seguin, TX 78155

Phone: (830) 379-1820

Contact Person: Katherine Garcia, Coordinator

Services:

Provides transportation, hot noon meals Monday-Friday. Health information, and nutritional education. Blood pressure clinic. Recreation and leisure activities. Emergency Response Services. Meals on Wheels, and Congregate Meals.

Retired Senior Volunteer Program (RSVP) Agricultural Building 210 E. Live Oak, Room 204- 205 Seguin, TX 78155 Phone: (830) 379-0300

Mailing Address:

Texas Lutheran University, P.O. Box 3530, Seguin, TX 78155

Contact Person: Stephen Doerr, Director

Ted Wolver, Assistant Director

Services:

Volunteer placement services for individual 55 or older, according to individual's interest and time available. Limited travel reimbursement for volunteers who drive their own car.

Schertz Senior Citizens Hot Meals Program 204 Schertz Parkway, Schertz, TX 78154

Phone: (210) 658-9429

Contact Person: Evelyn Barnes, Director

Services:

Home meals serviced Monday and Thursday. Delivery of meals to homebound individuals, recreational activities (bingo, dominoes, other games).

Silver Center 510 E. Court St., Seguin, TX 78155

Phone: (830) 303-6612

Contact Person: Kathryn Schmockel, Director

Services:

Socialization and recreational center. Prepares hot meals and organize parties. Non-profit organization.