



# WORLD JOURNAL FOR SAND THERAPY PRACTICE

PROMOTING THE ETHICAL PRACTICE OF SAND THERAPY

## Editor's Commentary

### Sand Therapists' Competencies Are Here!

Linda E. Homeyer

U.S.A.

The World Association for Sand Therapy Professionals (WASTP) has a goal of identifying research-based competencies for the practice of sand therapy. The research team of Drs. Jessica Stone, Elizabeth Hartwig, and I worked on this project for several months. The panel of over thirty experts who were invited to participate in this research represented several countries and a diversity of clinical approaches to sand work. We are honored to present the findings in this issue. It is interesting, to say the least, to capture the perspectives and values of the wide range of sand therapies – from Jungian-Kalffian-Sandplay to all the theories and approaches of sandtray therapy (Person-Centered to Cognitive-Behavioral). This qualitative research project provided the ability to capture consistent and essential themes of competencies among all these approaches. We hope you read the research with interest and curiosity. We also hope that it will create the basis for quality training for sand therapists.

Also in this issue is the book review by Roz Heiko. Just back from attending and presenting at the International Society of Sandplay Therapists' 26th Congress, hosted by the Israeli Sandplay Therapy Association, Roz gives us an insightful review of a book by an Israeli art and sandplay therapist. The blend of art and sand therapies is artfully accomplished by Lenore Steinhardt in her book *Foundation and Form in Jungian Sandplay: An Art Therapy Approach*. In 1991 Lenore began teaching at Kibbutzim College of Education, School of Advanced Studies, in Tel Aviv, and in 2003 founded a Jungian Sandplay Training Program there.